

Additional Liver Remedies to Compare

Andrographis (<i>A. Paniculata</i>)	Anti-hepatotoxin, choleric - used for damp heat in the liver - hepatitis A&B.
Artichoke Leaf (<i>Cynara scolymus</i>)	Sluggish liver function with poor fat metabolism (elevated cholesterol).
Blessed Thistle herb (<i>Cnicus benedictus</i>)	A bitter liver tonic used for poor appetite, dyspepsia.
Chai Hu Root (<i>Bupleurum falcatum</i>)	Constrained liver Qi (Female reproductive symptoms), used in formulas for hepatitis & fatty liver (heat in liver).
Chicory Root (<i>Chicorium intybus</i>)	A bitter tonic & antihepatotoxin - similar to dandelion root.
Dandelion Root (<i>Taraxacum officinale</i>)	A bitter liver tonic for biliary dyskinesia, bilousness, dyspepsia.
Dan Shen (<i>Salvia miltiorrhiza</i>)	Used in TCM for blood stasis and damp heat in the liver - hepatomegaly, jaundice, hepatitis.
Oregon Grape Root (<i>Mahonia aquaefolium</i>)	Also Barberry; cholagogue, bitter, dredges the liver, useful for liver fire rising symptoms.
Picrorrhiza Root (<i>P. Kurroa</i>)	Antihepatotoxin; comparable and in some cases superior to Milk Thistle. Used for hepatomegaly, hepatitis B&C.
Rosemary (<i>Rosmarinus officinalis</i>)	Useful for stagnant liver Qi; depression with bilousness, poor fat digestion with gas & nausea.
Schisandra Berry (<i>S. Chinensis</i>)	An antihepatotoxin, works well with Milk Thistle & Turmeric for liver damage caused by hepatitis or drugs.
Wild Yam (<i>Dioscorea villosa</i>)	Bilious colic with gas, pain or spasms, tongue coated yellow. Gall bladder spasms.
Xiang fu root (<i>Cyperus rotundus</i>)	Useful for liver pain, gall bladder spasms, intestinal colic, & Liver Attacking Stomach.