

Early Results with Drug-Induced "ALS"

by Charlotte Gerson

At the beginning of November, we had a call from a distraught lady on the East Coast. She asked whether the Gerson Therapy was effective in overcoming or even just arresting A.L.S. (amyotrophic lateral sclerosis, a motor neuron disease, better known as "Lou Gehrig's Disease.") We unfortunately had to give her the truthful response: No, sorry, we have not had good results with A.L.S. In the few patients we have seen with this disease, the cause was poisoning from exposure to soil chemicals, pesticides and fungicides.

However, we further asked her if she had been thus exposed—and she said, "No." That started us on a new track: what was the problem, what toxic material had caused her neurological (motor neuron) disease? She didn't know. But we continued probing: what was her medical history? She told us that for the past 35 years, she had suffered from irritable bowel syndrome (IBS), which caused her severe and painful cramping. The pain was so intense that she could never leave her house without carrying her pain relief drug, Bentyl®, with her. She was literally addicted to Bentyl for 35 years!

But that wasn't all. Over the course of the past 20 years, she had also suffered extremely severe stresses in her life and was additionally medicated with a number of anti-depressants as well as anti-anxiety drugs. For the last 10 years of that period, she had been given a drug called "Wellbutrin®." We looked up this drug in the *PDR (Physician's Desk Reference)*, which lists all drugs on the market, with their content, warnings and side effects. Sure enough, one of its side effects is damage to the nerve center controlling muscle function. With this information, we were able to tell the lady that the Gerson Therapy

is effective in detoxifying patients from drug damage and that it was possible that the therapy could help her, although we certainly could make her no promises.

This patient, whom we shall call B.T., was born in January 1949. She had been examined and diagnosed by three neurologists. All had come to the same conclusion: A.L.S.—no hope. So our information was the first positive thing she had heard. After some further research, she decided to come with her husband to the Mexican Gerson clinic in early November.

After *just one week* on the Gerson treatment, her 35-year irritable bowel was gone; she had no more spasming or pain, and needed no more drugs! We warned her that the drugs with neurological action are more difficult to clear, and sure enough, her other improvements are slow. The severe twitching in her thighs is considerably improved but not gone. She was suffering from an injured ankle and her Achilles tendon is frozen, causing her to have an abnormal gait. Her walking is not much improved.

However, we pointed out to her that the mere fact that there are improvements in her condition is remarkable and does not usually happen in patients suffering from A.L.S.

As a rule, we don't publish articles that describe just the beginning of healing. This case, however, is important since it can give information and hope to patients who are told that there is no hope!

"I Healed Myself from Mantle Cell NHL with Gerson Therapy"

Dear Charlotte and staff,

Enclosed find my membership payment for the upcoming year. I have been a subscriber for many, many years. (!!)

Three and a half years ago, I was diagnosed with mantle cell non-Hodgkin's lymphoma. I turned down the treatment Dana Farber Cancer Center in Boston wanted me to take (four chemo drugs, one a trial drug, for six months, administered weekly). Instead, I followed your handbook *exactly*.

I will be having another annual CT scan and blood test in December. My two oncologists, one from Dana Farber and one from the Dover, NH Cancer Center in my home town, say that from my CT scans and two blood markers they watch for, I couldn't have cancer any more. My internist wrote in her annual report, "Mrs. E... has cured her own cancer with nutritional therapy." Also, my Dana Farber oncologist wrote me that the chemo treatments would not have cured my cancer. He had told me that, if I lived two years after diagnosis and chemo treatment, I'd surely have to have another six months of chemo to try to keep me alive a little longer—but it would require different chemo drugs the second time around because the first ones [won't] work again.

Thank you so much! —Joyce 🐾

Hepatitis/Aplastic Anemia ...

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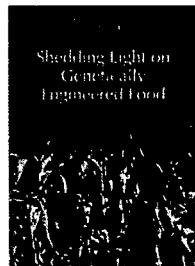
His progress is very slow, and his hemoglobin is still very low, only around 7.2, so we are worried that it could fall further and he would need to go back on transfusions.

Charlotte Gerson reports:

In May 2008, Benny started on the strict Gerson Therapy. We were delighted to obtain this latest report from another patient whose son is a good friend of Benny's. Benny's hemoglobin is almost normal, his osteoporosis is clearing, he looks and feels well, and, as reported, "one would never think that he had been seriously ill."

How to help the Institute:

1. Take advantage of our vehicle donation plan.
2. If your company has a "matching grant" program, use it to double your donation.
3. Tell Federal employee friends that the Gerson Institute is on the Combined Federal Campaign list.



The Gerson Institute has copies of the stunning, award-winning expose *Shedding Light on Genetically Engineered Food* by Beth Harrison, Ph.D. available for

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