



# Neuroendocrine system & homotoxicology

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In general, when dealing with thyroiditis, it is possible that if there is autoimmunity in one organ, there is a high probability of dysregulation in another organ. Therefore, it is the practitioner's responsibility to **REGULATE** the patient; getting to the root cause of the imbalance/deregulation. Antihomotoxic remedies regulate on the deepest level, if used correctly and consistently.

## Two product groups are often used:

- **Homaccords** are organ specific or "organotropic" i.e., they are given to **SUPPORT** an organ (i.e., Nux-vomica Homaccord supports stomach and liver) and therefore they are meant to be dosed every day - and often for long periods of time - up to 3 months.
- **Compositum** products have been developed to **REGULATE** the systems of the body. With organ extracts (sarcodes), plants, catalysts, minerals and nosodes as components, these remedies are meant to be given 2-3x/week for 6 weeks, before the patient can be assessed again. The compositae are given less frequently because the patient needs to have time to **REACT** to the remedy, and because these remedies are regulatory in nature, it takes longer for the body to respond (as compared, for instance, to a product such as Traumeel).

## PROTOCOLS:

### Hyperthyroidism

**Glonoïn-Homaccord** (10 drops 3x/day) or  
**Glonoïn-Injeel**

**Thyreoidea compositum** (1 amp. 3x/week for 6 weeks, break and reassess)

**Galium-Heel** (10 drops 3x/day)

**Strumeel** (1 tablet 3x/day)

Glonoïn is indicated for the "fast pulse in the neck," similar in action to a beta-blocker in this situation.

#### Contraindications in Hyperthyroidism:

**Lymphomyosot/Lyphosot:** contains an extract of thyroid hormone in homeopathic dilution

**Engystol:** can cause panic attacks in thin, anxious patients

**Strumeel:** contains iodine extract (*calcareia iodata*)

### Hyperthyroidism

**Thyreoidea compositum** (1 amp. 3x/week for 6 weeks, break and reassess)

**Lymphomyosot/Lyphosot** (10 drops 3x/day or 20 drops 2x/day [long term use])

**Hormeel** (10 drops 3x/day) (for women) or  
**Testis compositum** (for men)

**Molybden compositum** (1 tab. 3x/day or 2 tab. 2x/day) (useful to increase co-factors for regulation of kidney, liver, etc.)

Regarding the thyroid gland, regulatory therapy cannot be used if the organ is burnt out with no active cells. In such a case, synthetic thyroid medication is required.

\*\*\*Thyreoidea compositum is also suggested as a remedy of choice for damage associated with corticosteroid therapy as it has a regulating function on the matrix.

### Insulin Resistance

Fact: 1 in 4 children in the US has abnormal blood sugar levels (leading to insulin resistance.)

**Syzygium compositum** supports the pancreas with its content in pancreas suis (10 drops 3x/day or 20 drops 2x/day). If not available, **Hepar compositum** (original German formula) is an alternative since it also contains pancreas suis (1 amp. 2-3x/week in 2 or 3 cycles of 6 weeks).

**Glyoxal compositum** supports the liver apart from other functions (1 amp. 1x/week for 6 weeks, then break. May be repeated)

**Angio-Heel** or **BHI Circulation** (1 tab. 3x/daily) or **Aesculus compositum** (10 drops 3x/daily)

**Lymphomyosot/Lyphosot** for matrix therapy (20 drops 3x/day for a minimum of 8 months)

**Placenta compositum** (1 amp. 2-3x/week in cycles of 6 weeks with a break in between)

Weight loss is also key - **Coenzyme compositum/Ubicoenzyme** and **Graphites-Homaccord** are helpful for this.

### Polycystic Ovarian Syndrome

**Ovarium compositum:** (contains amongst other things, pituitary extract) 2x/week for 2-3 cycles

**Hormeel** or **BHI Feminine:** (10 drops or 1 tab. 3x/day)

**Insulin Resistance treatment:** as necessary

**Hirsutism (abnormal facial hair):** **BHI Skin** (1 tab. 3x/day), **Cutis compositum** (1 amp. 3x/week for 12 weeks) or **Cutisum** (10 drops 3x/week)

**NOTE:** Strumeel can be used successfully if Thyreoidea compositum is not available.

PROTOCOLS:

**Andropause (Male Menopause)**

**Testis compositum:** (1 amp. 3x/week for 4 weeks. Break for eight weeks. Repeat if necessary).

Add **Ubichinon compositum/Ubicoenzyme**, **Selenium-Homaccord** (memory loss), **Sabal-Homaccord** (BPH/prostate enlargement)



**Menopause**

**Ovarium compositum** (very effective in peri-menopause): 2-3x/week for 2-3 cycles then break

**Klimakt-Heel** (hot flushes)(1 tab. 3x/day or more if needed)

**Gynacoheel** (10 drops 3x/day)

**Nervoheel/Nereel** (emotional)(1 tab. 3x/day or more if needed)

**Ypsiloheel** (autonomic nervous system)(1tab. 3x/day)

**Adrenal resus** (boost adrenal gland with **Tonsilla compositum**)

**Testis compositum** can also be used in women for low libido; 2-3x/week for 6 weeks.

The only indication left for HRT is severe osteoporosis, as HRT increases the risk for breast cancer, heart attack and stroke.

**Treatment after cortisone**

Cortisone is “catabolic” and can be extremely damaging to tissues even after one injection.

**Berberis-Homaccord** (trophic effect on the adrenal)

**Thyreoidea compositum** (to stimulate the matrix)

**Lymphomyosot/Lyphosot** (to drain the matrix)

**Placenta compositum** (contains in part pituitary extract)

**Thalamus compositum** (contains glandula suprarenalis as well as corpus pineale suis)

**NOTE:** When used for immunomodulation, Thalamus compositum is more effective if injected, since **Viscum compositum** (which is the immunomodulatory substance in this product) is destroyed by the GIT enzymes.



I recommend **Thyreoidea compositum** as a remedy to stimulate the matrix for 6 weeks prior to introducing **Lymphomyosot/Lyphosot**.

In general a detox regime with patients on the right side of the biological cut on the six-phase chart is suggested. **Thyreoidea compositum** mobilizes the communication ability of the matrix and gets it out of the rigid, Th2 phase of non-reactivity in which many chronic fatigue patients are stuck, and it also prepares the liver for deeper detoxification. **Thyreoidea compositum** can be used for 6 weeks, then introduce **Lymphomyosot/Lyphosot** for at least 3 months. You can also combine **Thyreoidea compositum** with **Nux-vomica Homaccord** and **Berberis-Homaccord** in this first phase of detox, in non-reactive patients (those that have been in regulation rigidity for a long time).

Th1 and Th2 are regulation phenomena. Th1 and Th2 fluctuate in the body and homotoxicology helps normalize and harmonize Th1 and Th2 swings. Th2 is a problem if the patient gets stuck in this state = regulation rigidity. CFS (Chronic Fatigue Syndrome) patients amongst others, are stuck in a Th2 rigidity state; they feel like they have the flu all the time, are achy and tired and non-reactive to stimuli including medication. Recurrent flu happens because the body is trying to get out of a Th2 state and create a Th1 state (inflammation).

Sarcodes, venoms, nosodes and plant material in 1x-14x dilutions stimulate Th3 and therefore balance/regulate the production of Th1 and Th2. As Th3 cells occur abundantly in the gut lining, giving ampoules by mouth is appropriate. Colostrum and probiotics also stimulate Th3 cells. Environmental toxins and heavy metals promote Th2 rigidity.

To learn more about immunology and the matrix, Professor Heine’s book on Ground Regulation would make a very interesting read.

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